



Getting to Shinjuku

skyscrapers, these are one of the best observation spots. From the observatory on the 45th floor of the Tokyo Metropolitan Government Building No. which is admission-free, you can enjoy a great view from 202 meters above ground.

South Observatory 9:30AM-10:00PM (Admission until 9:30PM) North Observatory is currently closed.

■ South Observatory is closed on the first and third Tuesday of every month

TOKYU KABUKICHO TOWER

Opened on April 14, 2023, this enterainment facility in Kabukicho has two hotels, a movie theater, a theater, a live music venue, and an entertainment food hall with the theme of "festival, attracting many visitors.

⊗ X Varies according to the facility



As one of the biggest entertainmen districts in Japan, Kabukicho has many restaurants, bars, theaters, movie theaters, and amusement arcades. The Godzilla Head, which appears on the top of the SHINJUKU TOHO BLDG, at become a symbol of the town.





Located close to Kabukicho, this shrine has been watching over Shinjuku since the mid-17th century. "The Ōtori Festival" (Shinjuku Tori no Ichi fair) is held in November every year. During the festival, in addition to food stalls, many stalls selling kumade, a good luck charm in the shape of a rake for business prosperity, are set up on the grounds, attracting many visitors.



with the huge 3-D cat is called "Cross

front of Shinjuku i-LAND Tower. can artist, this objet d'art is a popular neeting place

Shiniuku Vision" and it is located near

Shinjuku Golden

A corner of Kabukicho crowded with about 300 small eating and drinking establishments. With many unique places, this area serves as one of the originating places of subculture and underground art in Tokyo.



Shinjuku Nishiguchi Omoide Yokocho (memories Alley) 新宿西口 思い出横丁

With a history of more than 7 years, this eating and drinking area has an impressive retro atmosphere Lined with unique small izakay places, the alley is always crowded with visitors.

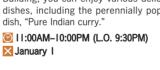


Kagurazaka

This area has a sophisticated and nostalgic atmosphere. In addition to historic spots, such as Zenkokuji Temple and Akagi Shrine, there are many narrow stone-paved alleys throughout the area, which are lined with restaurants and drinking places with a calm atmosphere, making it a perfect place for strolling.

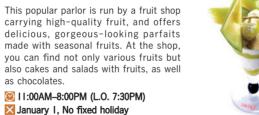


confectionery, this venerable food manufacturer has a history of over 120 years. At Nakamurava's own restaurant & cafe "Manna" in the Shiniuku Nakamurava Building, you can enjoy various delicious dishes, including the perennially popular dish, "Pure Indian curry."



Shinjuku Takano/Takano Fruit Parlor 新宿高野本店・タカノフルーツパーラー

This popular parlor is run by a fruit shop carrying high-quality fruit, and offers delicious, gorgeous-looking parfaits made with seasonal fruits. At the shop, you can find not only various fruits but also cakes and salads with fruits, as well as chocolates

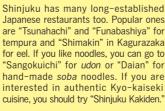


 ✓ January I, No fixed holiday Oiwake Dango Honpo 新宿追分だんご本舗

This long-established wagashi shop near the East Exit of Shinjuku Station offers all the dango rice flour dumplings and daifuku small round mochi rice cake stuffed with a sweet bean filling on the morning of each day, which are just delicious with a nice and smooth texture! In addition to the standard *mitarashi* dango and matcha, various

unique wagashi items are offered. The cafe serves dango and other kinds of sweets. Store: 11:00AM-6:00PM Cafe: 12:00AM-6:00PM (L.O. 5:30PM), Saturdays, Sundays, national holidays 11:30AM-X January 1, 2

Shinjuku, an area packed with famous Japanese restaurants Shinjuku has many long-established Japanese restaurants too. Popular ones





Nature

Shinjuku Gyoen National Garden

This is a great garden consisting of three different types of gardens combined in a fine balance in the huge grounds Completed in 1906 as a garden for the Imperial Household, in became open to the public in 1949. It is a nature-rich spot where you can enjoy seasonal autumn foliage in fall.

5 min. walk

2 min. walk

20 min. walk

5 min. walk

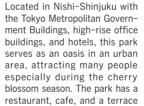
15 min. walk

beautiful flowers, such as cherry blossoms in spring, and

10/1-3/14···9:00AM-4:00PM (Gates close at 4:30PM) 3/15-6/30·8/21-9/30···9:00AM-5:30PM (Gates close at 6:00PM) 7/1-8/20···9:00AM-6:30PM (Gates close at 7:00PM)

Mondays (If Monday is a national holiday, closed on the next weekday) New Year's holidays (Dec.29 to Jan.3) Special Open Periods (Open 7 days a week during the period) Spring Mar.25 to Apr.24, Autumn Nov.1 to 15

Shinjuku Chuo Park





Kansenen Park 甘泉園公園

With a long history dating back to the Edo period (1603-1868), this park started as hairyochi, a chartered domain of the daimyo feudal lord. It is a kaiyu-shiki stroll garden, featuring a circular promenade around the ponds. Surrounded by lots of trees, this place is perfect for enjoying beautiful seasonal scenery.

3/1-10/31 7:00AM-7:00PM 11/1-2/28 7:00AM-5:00PM



Shopping

UMINE SHINJUKU 1•2 / LUMINE EST SHINJUKU/ NEWoMan SHINJUKU ルミネ新宿 / ルミネエスト新宿 / ニュウマン新宿

These are shopping facilities offering a large variety of fashion, cosmetics, and other general goods and items. As several stores are located near Shiniuku Station, they are good places to spend a relaxing time shopping and eating.

X Varies according to the store



large selection of products, including books, magazines, comic books, and DVDs, from the 1st to 8th floors. Th building also has a theater

Books Kinokuniya

This is the flagship store of Books

Shinjuku Main Store 紀伊國屋書店 新宿本店

 ○ 10:30AM-9:00PM No fixed holiday



BicCamera

This large-scale home electronics mass retailer has four stores around Shinjuku Station, offering not only cameras and electronic goods but also sports gear and toys. You can also find SIM cards.

ビックカメラ



Takashimaya Times Square タカシマヤ タイムズスクエア

Isetan Shinjuku Store

This long-established department store with the

impressive Art Deco-style building offers a wide

selection of fashion items. In addition to the

Main Building, there is the Men's Building,

carrying men's fashion items exclusively. Don't

forget to visit the food sections on the under-

ground floors, where you can find all kinds of

delicious food from Japan and around the world.

10:00AM-8:00PM, Restaurant floor (7F) 11:00AM-10:00PM

Conveniently located a short walk from JR Shinjuku Station, this large-scale commercial facility has a large variety of tenants related to clothing, food, and living, from high-end fashion brand stores to "HANDS," which carrying attractive home improvement and lifestyle goods. The terrace on the 13th floor offers fine views.

♥ X Varies according to the store

No fixed holiday



Disnev FLAGSHIP TOKYO

ディズニーフラッグシップ東京

This is Disney store's flagship shop located on the Shinjuku-dori Ave. Once you step inside the store, you will find a space not only for shopping but also with lots of fun, with the interior which allows you to immerse yourself into the world of Disney along with photo spots with Disney art designs.

 ○ 10:00AM-9:00PM No fixed holiday



♥ X Varies according to the store

UNIQLO With the four UNIQLO stores

around Shinjuku Station, the area is convenient for shopping You can find original goods only available at the stores in the Shiniuku area.

⊗ X Varies according to the store



SEKAIDO SHINJUKU MAIN STORE 世界堂 新宿本店

This is the main store of Japan's biggest specialty store chain carrying items such as stationery, painting materials, and frames. You can find a variety of high-quality Japanese stationery. If you are interested in unique stationery and/or art production, it is a must-visit place.

 9⋅30AM_8⋅00PM X New Year holidays







Around Kagurazaka Public Transportation Information A town with many sloped streets Map of Shinjuku City Rikkyo Univ. Shinjuku WE Bus Akagi Shrine 1:8,500 Metropolitan Theatre The area around Nakai/Ochiai area has many sloped oaths, as it has eight slopes on the north side of Nakai 1679 On an open skylit bus, you can visit famous Station numbered from one to eight, such as "Ichi no Kagurazaka Sta. spots around Shiniuku Station comfortably. Metropolitai Expressway Saka" (Slope I) and "Hachi no Saka (Slope 8). This area Police Station consists of highlands and lowlands connected with hilly _____ JR Line streets. When you walk around the area, you can see AKOMEYA TOKYO Subway Lines how each street has a different atmosphere with a differ-SKYHOP BUS Tokyo Sakura Tran ent view, making the area unique and attractive. Hyogo Yokocho Alley Toshima City Office Same-day ticket: Adult 3,800 yen, Child 1,900 yen Other Railways On an open-top double-decker bus, you can freely get on and off at any designated bus stop to visit landmarks in Tokyo, mainly Shinjuku. Yarai Municipal Office Honda Yokocho Allev loshima City Nohgakudo Post Office Kagurazaka 7 Police Station Toden-zoshigaya Ochiai-minam nagasaki Sta. 血 Ushigome-kagurazaka Sta Tokyo Subway Tickect Temple Mejiro-dori Ave. Ħ Shrine 72-hour ticket: Adult 1,500 yen University Chiyoda City These time-limited passes allow you to 49 -Hobby Center Kato Tokyo reely get on and off trains on all the subway Cherry Blossom Spot Sophia Univ. Shirifuku City Tokyo University of Science⊗ Nakamura Tsune Zoshigaya Sta. lines in Tokyo (Tokyo Metro and Toei Subway Mejiro Sta. Seibo Hospital lines) within the designated time window. Police Station Numabukuro **Botanical Garden Useful Information** Otomeyama Gakushuin Univ. Tram: Tokyo Sakura Tram (Toden Arakawa Line) Myogadani Sta. (Higashi-Hase-dera Temple) Shinjuku Free Wi-Fi 路面電車:東京さくらトラム(都電荒川線) Araiyakushi-mae Sta. In Tokyo in the past, there used to be This public Wi-Fi service offers unlimited use of free many tram lines called "toden" running Wi-Fi per day, with a limitation of 60 minutes per -dori Ave. Takushoku Univ session, within Shinjuku City. The service is available at throughout the city. Tokyo Sakura Tram places with these mark. (Toden Arakawa Line) is the only existing toden, running for 12.2 km. Taking time to 1 Some no Sato OCHIAI Nakai Sta. travel by toden may become one of your Shinjuku Terminal Map good memories from your trip! BIGBOX **Bunkyo City** A map clearly displaying the complex area around the station can be a town of downloaded from the 2D code. Ochiai Chuo Chinzanso Tokyo the dyeing Takadanobaba Sta. industry Various Restaurant Information Ochiai Sta. 染のまち・落合 The Waseda International 4 Kanda Rive Shinjuku has many restaurants and accommodation facilities that offer services **House of Literature** supporting the needs of Muslims, vegans, and vegetarians. Scan this to access the Post Office (The Haruki Murakami Library) digital guide books. Edogawabashi Sta. (12) 300 dyeing-related manufacturers along the Myoshoji River and Kanda River, making the area Suwa Shrine H one of the three biggest producers of dyeing Kanda Josui Park along with Kyoto and Kanazawa. There are still Nishi-waseda dyeing shops here and there in the Ochiai/Nakai Nishi-Toyama Park Shinjuku Kita Post Office area. The area organizes an event called "Some Higashi-Nakano Sta. no Komichi" (Fabric Dyeing Festival) in late Feb-Around Kagurazaka Nakano Sta. ruary every year, offering a "River Gallery" in which long pieces of tanmono (kimono cloth) are Waseda Univ 06 07 01 draped on wires along the Myoshoji River. Japan Visitor Hotline The Globe Toky Waseda Univ. Tokyo Yamate (+) This is a 24-hour/ 365 days a year hotline service for Kagurazaka Sta. **Nakano City** Medical Center foreign visitors. In cases of accidents or emergencies, it Medical Center Memorial Museum can provide support in English, Chinese, and Korean. of the National Center H Nakano Hikawa Yarai Nohgakudo 2 lidabashi Sta. Okubo-dori Ave. Okubo-dori Ave. Gallery & Museum Experience & Entertainment Shin-okubo Sta. Okubo Sta. Ushigome-kagurazaka Wakamatsu-kawada Some no Sato OCHIAI JAPAN NATIONAL STADIUM Shin juku City Ushigome-yanagicho 染の里おちあい(二葉苑) Carrie KABUKICHO TOWER Shinjuku Tax Office Tokyo Women's Police Station Shinjuku still has several traditional dye shops, This served as one of the venues Nakano-sakaue Medical University including this one with a history of over 100 for the 2020 Summer Olympics and Hospital years. This dye shop offers a hands-on program Paralympics. Incorporating elements Chiyoda City to dye your original table runner or bag. of Japan's traditional architecture this building using wooden materials BUNKA CENTER ☑ II:00AM-5:00PM gives a warm impression. A stadium tour is offered, which allows you to ⊗Hosei Univ. Letterpress Factory go inside and look around. Nishi-shin juku Sta Yasukuni Shrine ⊗ X Varies according to the facility Tokyo Medical Yarai Nohgakudo Tokyo Idai-dori Ave JAPAN OLYMPIC MUSEUM Noh is one of the traditional forms of Japanese theater, 日本オリンピックミュージアム Japan Ministry Tomihisa Cross which was established in the 14th century. It is a Ichigaya Sta. dance-based dramatic performance on a special Noh stage Tochomae Located in the immediate vicinity of Japan using masks and costumes. The Yarai Nohgakudo is the only Shinjuku Sta. Sta. National Stadium, this museum is a place Noh theater in Shiniuku, located in Kagurazaka. It holds a where you can learn the history and signifi-Women's Univ Chidorigafuchi regular performance on the 2nd Sunday of every month. cance of the Olympics through the exhibitions ▼ • Historical Museum and videos. There is a corner where you can No fixed holiday try to match the physical abilities of Olympians. Shin juku-gyoemmae Sta. Fire Museum I 0:00AM-5:00PM (Admission until 4:30PM) Mondays (If Monday is a national/substitute holiday, the museum will close the following weekday), exhibition renewal Korean Cultural Center Police Station period, New Year holidays Built in 1946, this yose theater is a place for performances dor Ave. (08) Yotsuya-Mitsuke-Bridge of *rakugo* (traditional verbal entertainment) and *manza* (Japanese version of stand-up comedy usually involving two • Suga Shrine Sompo Museum Hanzomon 65 Sta. performers) held on a regular basis. This quaint wooden Shibuya City Kojimachi Sta. building has tatami seats and chair seats. The programs and of Art SOMPO美術館 casts for the performances are changed every 10 days. Yotsuya Sta. 999999 Located only five minutes on foot from the ⊗ X No fixed holiday Kojimachi Wakaba-Higashi Park The Akasaka Palace Tourist Louise Sophia Univ. West Exit of Shinjuku Station, this museum is Minami-shinjuku Sta. 0H Police Station Keio Univ. Tokyo Opera City • one of the art landmarks of Shinjuku. It has New National Theatre, Tokyo one of the six paintings of Sunflowers by Around Shinjuku Station Ninja Trick House in Tokyo mMin-On Music Museum Vincent van Gogh, which is exhibited in the Museum of Art ine /JR Sobu Line Sendagaya Sta. 手裏剣道場 新宿忍者からくり屋敷 permanent installation. ★ Keio University Hatsudai Sta. KO I0:00AM-6:00PM (Admission until 5:30PM) Theatre This hands-on facility in Kabukicho offers an opportu-Mondays (If Monday is a national/substi-Kokuritsu-kyogijo Shinanomachi Sta nity to try various kinds of ninja experience, making it tute holiday, the museum will open), exhi-The tallest skyscrapers in Tokyo 東京屈指の摩天楼 National Noh Theatre a must-see spot for ninia fans. In this house filled bition renewal period, New Year holidays Akasaka Palace Tokyo Metropolitan Gymnasium with the vibes of Japan, you can enjoy shuriken ninja The skyscraper buildings in the stars throwing, keniutsu sword fighting, karakuri Nishi-Shinjuku area form one of the mechanisms-hunting, and photo taking with ninja! Kita-sando Sta. The Waseda International House of Literature symbolic landscapes in Tokyo. While Meiji Memorial Picture Gallery 10:00AM-5:00PM (Admission until 4:00PM) Nagatacho Sta. this area has many business people (The Haruki Murakami Library) 早稲田大学国際文学館 (お上春樹ライブラリー) X Tuesdays, Wednesdays during daytime, it serves as a pop-Meiji Jingu Gaien Garden 明治神宮外苑 ular spot for adults enjoying a night Centering around Meiji Memorial Picture view at restaurants and bars on lapanese architect, this facility on the Hanamichi Tokyo Kabukicho Gallery with a history of nearly 100 years, varihigher floors in the evening. campus of Waseda University is serving JAPAN NATIONAL 1 The National Diet J ous types of sport facilities, including Meiji ハナミチ東京歌舞伎町 as an international hub for literary Jingu Stadium, are located in this area. There study, based on the writings of Haruki is a famous street lined with gingko trees, This new facility is scheduled to be open in October 2023. It aims to deliver various types Murakami, a world-class novelist. There which is often used for shooting movies and of information on Japanese culture emanating from Kabukicho. It will serve as a complex Kokkai-gijidomae Sta. is a cafe run by Waseda students. OLYMPIC MUSEUM 2 TV dramas, attracting many visitors with beaufacility with different types of tenants, including taishu engeki (a genre of popular theater 10:00AM-5:00PM tiful vellow leaves in fall. Jingu Gaien Aoyama-inkgo Avenue itchome Sta. in Japan), kimono rental shop, Coffee Seibu Main Store, and various Japanese restaurants * Please see the official website to confirm when WIHL will be open 1:16,000 **⊗** X Varies according to the facility Tameike-sanno Sta. Minato City Akasaka Sta. 66